



LUMSDEN EVENTS

YOUR LUMSDEN COMMUNITY UPDATE

A few things coming up soon in Lumsden and nearby ...

Remember the dates for your diary!

All events held at Lumsden Village Hall

REGULAR WEEKLY/MONTHLY EVENTS

Every Monday afternoon - Bowling Club - 1:30pm - 4pm

Every Wednesday evening - Yoga - 7:30pm - 8:30pm

Every Friday morning - Lumsden Keep Fit Club - 10:30am - 11:30am

Second Wednesday of the month - Community Lunch Club - 11:00am

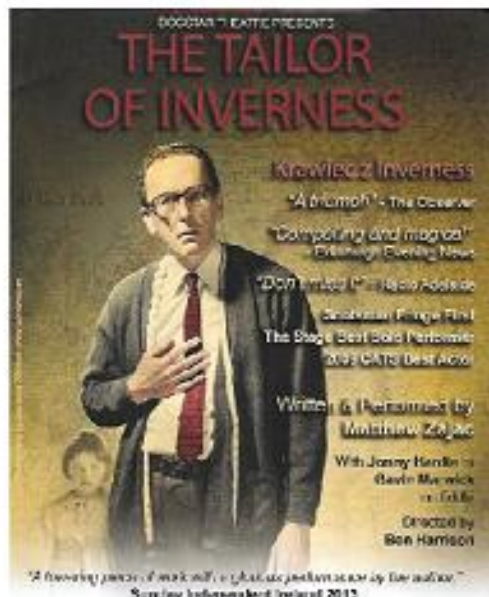
Third Wednesday of the month - SWRI - 7:30pm - 9:30pm

Third Thursday of the month - Bingo - 7:30pm - 8:30pm

ONE-OFF SPECIAL EVENTS

Saturday 20th February - The Tailor of Inverness - 7:30pm PROMPT

Saturday 5th March - Bistro Night - see menu below



The Tailor of Inverness is an unforgettable and moving story of displacement and survival in war-torn Europe, a powerful allegory for all victims of war.

Winner of a Scotsman Fringe First, the 2008 Stage Best Solo Performer Award at the Edinburgh Festival Fringe and the 2009 Best Actor Award from the Scottish Critics Awards on Scotland (CATS).

Lumsden Village Hall on Saturday 20th February at 7:30pm.

Tickets from £6-9, suitable for 10 yrs+

Licensed bar will be open. Call 01464 861747 for more information.

STRICTLY NO ADMITTANCE ONCE PERFORMANCE HAS COMMENCED - PLEASE BE PROMPT.

THE BLACK CAT BISTRO

Lumsden Village Hall

Saturday 5th March from 5pm - 8pm

Two courses £9.95; children's menu £3.95

Three courses £12.95; children's menu £5.50

Children three years and under eat free.

Coffee and treats included

BYOB and/or cocktails £4 each

Mackerel Escabeche

Mackerel, Juniper, Bay

Butternut Squash Soup

Butternut Squash, Apple, Chili (v)

Vegetable Frittata

Eggs, Vegetables, Chipotle Sauce

YOUNG PERSON'S CHOICE - Fruit Platter (Grapes, Kiwi, Melon, Blueberries)

Chicken Cacciatore

Chicken Thighs (bone in), Smoked Pancetta, Tomatoes, Sweet Potato, Mushrooms, Olives

Chunky Beef Chili

Beef, Tacos, Fried Beans, Sour Cream, Salad

Mushroom Curry

Mushrooms, Red Lentils, Brown Rice, Poppadums (v)

YOUNG PERSON'S CHOICE - Chunky Cod Fingers (Fish, Mash, Beans)

Eton Mess

Meringue, Raspberries, Cream

Fresh Fruit Salad and Cream

Cheese and Oatcakes

Cheese, Oatcakes, Grapes and Apple

YOUNG PERSON'S CHOICE - Deconstructed Ice Cream Cone (Ice Cream, Wafer)

Coffee and Something Sweet

Booking essential. Call Susan on 07773 000939 from 22nd - 29th February to reserve your table and pre-order.

Remember to state any dietary requirements when you place your order.



Afternoon Tea

Books
stalls,
craft
stalls &
lots
more..

Fundraiser

Friends of the
Special Nursery

Aberdeen.

@

Tullynessle
Hall, Alford

On the
2nd of April
1pm - 4:30pm



Drinks on
Arrival

Raffle

Please book tickets in advance. Tickets cost £12 an adult & £7 for children. To book tickets email calawson2002@gmail.com

FUNDRAISING TEA IN TULLYNESSLE

An afternoon tea fundraiser will be held at Tullynessle and Forbes Hall near Alford on Saturday 2nd of April from 1pm till 4:30pm, raising funds for Friends of the Special Nursery Aberdeen.

Tickets cost £12 an adult and £7 for concessionary children under 14. Your ticket includes water, drinks, cakes, tea and coffee. There will be stalls and a raffle with great prizes including a family ticket for Landmark, a night's stay bed and breakfast for two at the Ardca House Hotel and Spa plus much more. Tickets are limited so book yours now by emailing calawson2002@gmail.com



Pam Johnson (Fiona Hudson's Mum) and Family
(In the middle in red)

Just a line...
to thank the kind folk whom I've met in
Lumsden, Huntly, Strathdon and Port Gordon
and whom have sent such warm and joyful
good wishes for my 90th (me?) birthday.
Your kind thoughts and having my family
with me has been wonderful!
Thank you again, and....

"Lang may yer lumbs reek"...

NEW WALKING TO HEALTH GROUP IN LUMSDEN!

Do you ever fancy going for a safe led walk, but you don't have anyone to go with, or perhaps you don't really want to walk alone or not sure where to go. Well, maybe the proposed NEW Lumsden Walking to Health Group is for you! There are other local groups meeting in Rhynie, Huntly, Strathdon and Alford.

The walks are not too strenuous and you'll be out in the fresh air, whatever the weather. It could be part of your health regime for this year, and is a good way to make new friends and get fitter. The walks are estimated to be approximately 1-1.5 hours long, low level, and with good underfoot terrain. All you need is some sensible footwear and a waterproof jacket. We can accommodate slow walkers so please do not be put off, just come along. Our Health walks are led by 2 members, who have been trained to lead a short Health walk and they will have checked out the route beforehand and who will take care to ensure that everyone is keeping up.

The health walks are run by the Active Cairngorms Project, which has been running local Health walks for 12 years, you will be well looked after.

If you would like further information please call Alan Melrose, Health Walks Co-ordinator on 01339880081, 07769-908668 or alan@walkdeeside for more information.