

## ON INTO AUTUMN (WHAT BECAME OF OUR SUMMER?)

### ARE YOU READY THE FOR PRODUCE SHOW?

**SUNDAY 13TH SEPTEMBER**

**Doors open 2pm-5pm**

**(Black Cat Cafe open 2-4pm)**

#### **Section 1: Longest vegetable**

Four classes for carrot, parsnip, runner bean and leek

#### **Section 2: Four vegetables**

Four classes for potatoes, beetroot, onions and tomatoes



#### **Section 3: Any 5 vegetables**

One class for any five vegetables

#### **Section 4: 2-of-a-kind**

Three classes for 2 outdoor cucumbers, 2 Courgettes and 2 Greyhound Cabbages

#### **Section 5: Largest vegetable**

Four classes for cabbage, cauliflower, neep (garden grown) and marrow

#### **Section 6: Flowers - group of five**

Four classes (any variety) for dahlias, gladiolas, chrysanthemums or sweet peas

#### **Section 7: Indoor house plant 6" pot max**

Two classes, with flowers or foliage

#### **Section 8: Drink**

Four classes for red wine, white wine, sparkling wine and fruit drink

#### **Section 9: Craft**

Five classes for photo frame, any craft, brooch in tartan or tweed, jewellery roll, any craft, tea cosy, knitted and painting, watercolour or acrylic

#### **Section 10: Baking**

Six classes for fruit loaf, 4 custard creams, jar lemon curd, jar strawberry jam, lemon meringue pie and chutney, any variety. Remember - NO METAL LIDS.

#### **Section 11: Just for the children**

Six classes for vegetable animal, paint a picture of your house, largest sunflower head, vase wild flowers, 6 jam tarts and a pot of 3 herbs

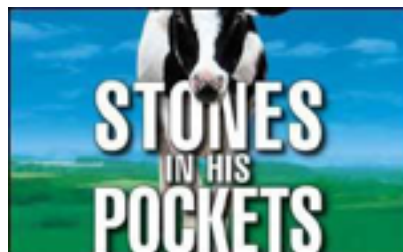
#### **Section 12: Hanging Basket**

One class for best hanging basket

### NEXT THEATRE NIGHT

Our next theatre night will be on **Tuesday 1st September** with another multi-award winning performance.

**STONES IN HIS POCKET** is a comedy set in rural Ireland. A Hollywood company has



descended to film on location, and the locals are recruited as extras at £50 a day, plus as much cake as they can eat. Unfortunately, the movie industry's rose-tinted vision of Irish life has little to do with the real-life drama of the poverty stricken villagers.

With a cast of two, who play more than 15 characters between them, this hugely successful play was a Fringe hit, had a phenomenal West End run, won an Olivier Awards for Best New Comedy, and was nominated for three Tony Awards. This is the first time it has toured Scotland.

### EMERGENCY RESPONSE

**The LCA is considering the installation of a Public Access Defibrillator (PAD).**

PADs can be found in a number of public spaces like local shopping centres, gyms, train stations or, as could be in our case, village halls.

PADs are contained within a briefcase-sized box installed on a wall. They are available for anyone to use on someone in cardiac arrest. They are simple and safe to use. The machine gives clear spoken instructions. You don't need training to use one. Once in position, the defibrillator detects the heart's rhythm. It won't deliver a shock unless one is needed.

After a **cardiac arrest**, every minute without CPR (cardiopulmonary resuscitation) and defibrillation reduces someone's chance of survival by 10 per cent.

There is a purchase cost but in certain cases a small grant could be available if members of the community would be prepared to be trained in CPR.

Please let us know your view on (a) whether you think the installation of a PAD is a good idea and (b) if you would be willing to participate in CPR training.

Let us know via any committee member or at [lumsdenevents@gmail.com](mailto:lumsdenevents@gmail.com)

## STORYTELLING - THE STORY SO FAR

By now lots of you have heard about our storytelling project but maybe don't know all the details, so we thought we would share the Storytelling story so far ...

Storytelling Lumsden is a year long project, broken down into two phases, that aims to gather, share and map the stories that residents of Lumsden hold about their community. The overall aim of the project is to widen the knowledge of our special part of the countryside, to publicise the many attractive features of the area and attract both future residents and tourists to benefit the community as a whole.

The project has attracted the attention of various supporting groups, to the extent that the **WHOLE** of the project costs are being covered by specialist grant funding bodies and other benefactors. So Lumsden Community will hopefully profit from increased recognition and publicity for **no** outlay of community or LCA funds.

**Phase 1** - the gathering of stories - started on 26th April this year and involved a series of activities with the local school and local people and groups to identify the stories that resonate with Lumsden, and develop these creatively towards final publication.

**Phase 2** of the project, due to commence in August, will focus on developing the stories further and mapping them digitally - annotating stories to relevant landmarks and developing an interactive website for the project that will link to the current community webpage.

Many of you will have now seen or heard the first drafts of stories relating to our area. Some of you

have made comments about these stories, both positive and negative but mostly constructive.



### ROUTE NO. 1 - for walking



### ROUTE NO. 2 - for walking and cycling

The stories so far are first drafts; they can be developed further and any inaccuracies should be corrected.

We need your feedback to do this. Perhaps you could translate and retell a story in Doric? Or maybe you'd like to restructure a story? Introduce more humour? Have a go at telling it in your words? We will be publishing the best of these stories over the next six months or so, and it is important that we all are proud of the results and happy with their content.

So please, get in touch... you know who we are. You can email, phone or come along to our next free events. Make the stories yours ...

[lumsdenevents@gmail.com](mailto:lumsdenevents@gmail.com) or leave your suggestions with any LCA committee member.



### LUMSDEN'S OWN BEECHGROVE?

One or two of you have mentioned to a committee member that you would be interested in establishing a Lumsden Gardening Club.

This may not be the best year in which to inaugurate a project of this type, but if there is sufficient interest then we can pursue the idea.

If you would be interested in joining (and/or running) a Lumsden Gardening Club, please let us know.